

November 2017 Valley Academy Breakfast

Mon	Tue	Wed	Thu	Fri
Substitutions available daily - Cereal	This institution is an equal opportunity employer and provider	1 Banana Bread Yogurt Fruit White or chocolate milk	2 Cheese Omelet Fruit White or chocolate milk	3 Muffin Yogurt Fruit White or chocolate milk
6 Poptart Yogurt Fruit White or chocolate milk	7 Cinnamon Toast Fruit White or chocolate milk	8 Breakfast Burrito Fruit Salsa White or chocolate milk	9 Breakfast Rounds Yogurt Fruit White or chocolate milk	10 Muffin Fruit White or chocolate milk
13 Poptart Yogurt Fruit White or chocolate milk	14 Breakfast Pizza Fruit White or chocolate milk	15 Waffles Fruit White or chocolate milk	16 Bagels Cream cheese Yogurt Fruit White or chocolate milk	17 Muffin Fruit White or chocolate milk
20 Poptart Yogurt Fruit White or chocolate milk	21 Biscuits and Gravy Yogurt Fruit White or chocolate milk	22 No School	23 No School	24 No School
27 Poptart Yogurt Fruit White or chocolate milk	28 Zucchini Bread Yogurt Fruit White or chocolate milk	29 Parfait Fruit White or chocolate milk	30 Cheese omelet Toast Yogurt Fruit White or chocolate milk	